

Lower Junior Poem - 'It's Me'

I love to sing
I love to dance
To get on stage
At every chance

I smile and grin
And look for Mum
I'm always happy
Never glum

I love to hear
The audience cheer
To see them wave
With their arms in the air

And when I bow
And curtesy too
I do it all
Just for you

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Junior Poem - 'Our Weekend'

Thank you to Mum
And thank you to Dad
For just being You
Always good never bad

For every weekend
Come rain or come shine
You take me to class
You let me be fine

I see all my friends
Who all love to dance
We know that we're lucky
To just have the chance

To learn from our teachers
Who are so full of praise
When we master new steps
And our legs we do raise

We practice our scales
We warm up our voice
We rise up on our toes
We act and make choice

And when class is over
And it's time to go home
We pack up our bag
Think of steps we've been shown

We practice all week
And wait for the time
When we do it again
Act, Sing, Dance and Mime

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Upper Junior Poem - 'Stay Strong'

Where do we go when the world needs our help
What do we do or say
How do we heal all the hurt that we felt
And let people go on their way

How can we change from our usual ways
And just be really kind
And think what our speech and actions will do
To give people peace in their mind

Let's all take time to think of the earth
It's meaning it's center it's core
Take a deep breath and study our life
Then we can wonder in awe

There is beauty around us wherever we live
There are stars in the sky
There is land
There is sea
There is home
There is 'Why'
Is this happening to me?

So say to yourself 'I'll just ask the moon'
The question we all want to know
And when you are quiet he'll whisper these words
Don't worry we'll be back soon

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Senior Poem - 'The Life of Dance'

Yes the world has stopped
But you know that it's still turning
Just like a graceful dancer
And to pirouette we are yearning

But listen to the Rhythm of
Your heart and let it beat
And concentrate your mind upon
Your body and your feet

Take a deep breath in
And channel to your core
Now start to work those muscles
To stop them feeling sore

We glide we slide
We rise and fall
We dance until
We hit the wall

But still we work
And strive for more
Just one more leap
Then 2 3 4

And don't forget
To not be late
And wait until
5 6 7 8

The lights go up the music starts
We're now on stage we have our parts
From home to class and then to the show
We live to Dance so now you know

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